

Fire and Fall Prevention for Older Adults

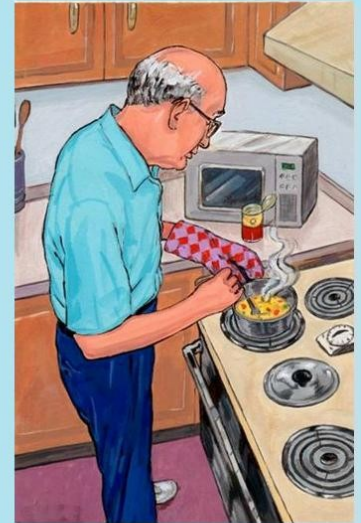
Two free talks by Fire Safety Coordinator Suzanne Post
of the Santa Monica Fire Department



Fire Prevention for Older Adults

Tuesday, August 14 — 2:00 p.m.
Multipurpose Room, Main Library
601 Santa Monica Boulevard

This lecture delivers key fire-safety basics geared to older adults on topics that include creating an escape plan and safe cooking tips.



Fall Prevention for Older Adults

Wednesday, August 22 — 2:00 p.m.
Multipurpose Room, Main Library
601 Santa Monica Boulevard



This program delivers eight simple tips to help prevent devastating accidents and allow older adults to live independently at home as long as possible.



SANTA MONICA PUBLIC
LIBRARY

These lectures are part of "Remembering When," a nationwide program developed by the National Fire Protection Association (NFPA) and the Centers for Disease Control and Prevention.



For more information on this and other Library programs, please visit smpl.org or call (310) 458-8600. The Santa Monica Public Library is wheelchair-accessible. For special disabled services, call Library Administration at least one week prior to event at (310) 458-8606. The Main Library is accessible by Big Blue Bus lines 1, 2, 3, 7, 8, 9 & 10. Ride your bike. Bicycle parking racks are available at the Library.